
THE LION'S DEN

GEM FITNESS · TIGARD, OR

Booking & Registration Policy

Effective October 2026 · All services at The Lion's Den

By booking any service at The Lion's Den you agree to these terms.

CANCELLATIONS & RESCHEDULING

Cancel or reschedule at least 24 hours before your session. Later cancellations may be subject to a fee or loss of the session credit. Flex Start bookings can be canceled or moved up to 2 hours before your start time.

NO-SHOW POLICY

Clients who miss a scheduled session without notice will be charged the full session rate, and plan members lose that session credit. Repeated no-shows may result in suspension of booking privileges at Coach Cem's discretion.

GROUP CLASS CAPACITY

Group classes are capped at 10 participants; Flex Start is capped per start time. Booking ahead guarantees your spot. Walk-ins are accepted if space allows, except for Flex Start, which must be booked online.

LATE ARRIVALS

Please arrive 5 minutes early. For all services, arriving more than 10 minutes late may forfeit your spot or shorten your session without a refund.

PRIVATE TRAINING REQUESTS

Training with Coach Cem requires a booking request. You will hear back within 24 hours, and sessions are not confirmed until you receive written confirmation. 1-on-1s with other Lion's Den coaches are booked, paid, and confirmed online.

MEMBERSHIPS & PRICING PLANS

Lion's Den memberships start with an online application and are set up in person with Coach Cem. Member pricing is for active members only. Flex Start monthly plans are paid online, include 4, 8, or 12 sessions a month, and renew automatically until canceled. Unused sessions do not roll over. To stop the next charge, contact us before your billing date; your plan runs through the current month. Memberships and plans are non-transferable.

HEALTH & SAFETY

By booking you confirm you are physically able to participate in fitness training. It is your responsibility to tell your coach about any injuries, medical conditions, or physical limitations before your first session. The Lion's Den is not liable for injuries resulting from undisclosed conditions.

REFUND POLICY

All sales are final. Refunds are not issued for completed sessions, unused class credits, drop-in fees, or plan charges already billed, except at the sole discretion of The Lion's Den.

CONTACT

Questions? Email gemfitness503@gmail.com or visit 8900 SW Burnham St, Unit E3, Tigard, OR 97223.
