
THE LION'S DEN

GEM FITNESS · TIGARD, OR

Membership Terms & Conditions

Effective May 2026 · Gem Fitness at The Lion's Den

All memberships at The Lion's Den are completed in person at our facility. By signing this agreement you confirm that you have met with Coach Cem, reviewed the membership terms, and agree to the following conditions. Please read this document carefully before signing.

MEMBERSHIP PLANS

Plan	Total Cost	Payment	Commitment
Month-to-Month	\$250/month	Due monthly in person	None — cancel anytime
6-Month Contract	\$1,200 total	Paid in full at signup	6-month minimum
Annual — Best Value	\$1,800 total	Paid in full at signup	12 months

All memberships include: 3 days/week structured training program · 3 routines per session · Program customized to your goals by Coach Cem · Access Mon–Sat 7AM–8PM

IN-PERSON SIGNUP & CONTRACT

All memberships are initiated in person at The Lion's Den located at 8900 SW Burnham St, Unit E4, Tigard OR 97223. Membership is not active until this agreement has been signed in person and payment has been received by Coach Cem. A physical copy of this signed agreement will be retained by The Lion's Den and a copy provided to the member upon request.

BILLING & PAYMENT

Month-to-Month membership fees of \$250 are due on the same date each month and are collected in person or via a payment link issued by Coach Cem. 6-Month and Annual memberships are paid in full at the time of in-person signup — \$1,200 and \$1,800 respectively. Accepted payment methods will be confirmed at the time of signup. A receipt will be issued for all payments.

CANCELLATION

Month-to-Month members may cancel at any time with 7 days written notice submitted to gemfitness503@gmail.com before the next payment due date. 6-Month Contract members are committed to the full contract value of \$1,200 paid in full at signup — no refund is issued for early termination except under the conditions outlined in the Refund Policy below. Annual members are committed to the full contract value of \$1,800 paid in full at signup — the same refund conditions apply.

MEMBERSHIP FREEZE

Members may request to freeze their membership for a minimum of 30 days and a maximum of 90 days per calendar year due to injury, illness, or extenuating circumstances. Freeze requests must be submitted in writing to gemfitness503@gmail.com at least 7 days in advance and are granted at Coach Cem's sole discretion. For 6-Month and Annual members the contract end date extends by the length of the approved freeze period.

REFUND POLICY

All membership fees are non-refundable except under the following conditions: a written cancellation request is submitted within 7 days of the in-person signup date, or The Lion's Den is unable to provide services due to facility closure or circumstances within its control. Refund requests outside these conditions are reviewed on a case by case basis at the sole discretion of Coach Cem.

TRANSFERS & SHARING

Memberships are non-transferable and may not be shared between individuals. Each membership is registered to a single named member only and is valid for the member who signed this agreement exclusively.

RENEWALS

6-Month memberships do not auto-renew. Members will be contacted by Coach Cem before the contract end date to discuss renewal options. If not renewed the membership expires at the end of the contract period. Annual memberships follow the same process — members will receive a renewal reminder 30 days before expiration. Month-to-Month memberships continue until cancelled in writing.

CODE OF CONDUCT

All members are expected to treat Coach Cem and fellow members with respect at all times, follow all gym safety guidelines, inform Coach Cem of any injuries or medical conditions before training, and take care of shared equipment and facilities. The Lion's Den reserves the right to terminate any membership without refund for conduct deemed unsafe, disrespectful, or inappropriate.

POLICY CHANGES

This policy may be updated at any time. Members will be notified of any material changes via email with a minimum of 14 days notice before changes take effect.

CONTACT

For any membership questions please contact Coach Cem directly at gemfitness503@gmail.com or visit us at 8900 SW Burnham St, Unit E4, Tigard OR 97223.